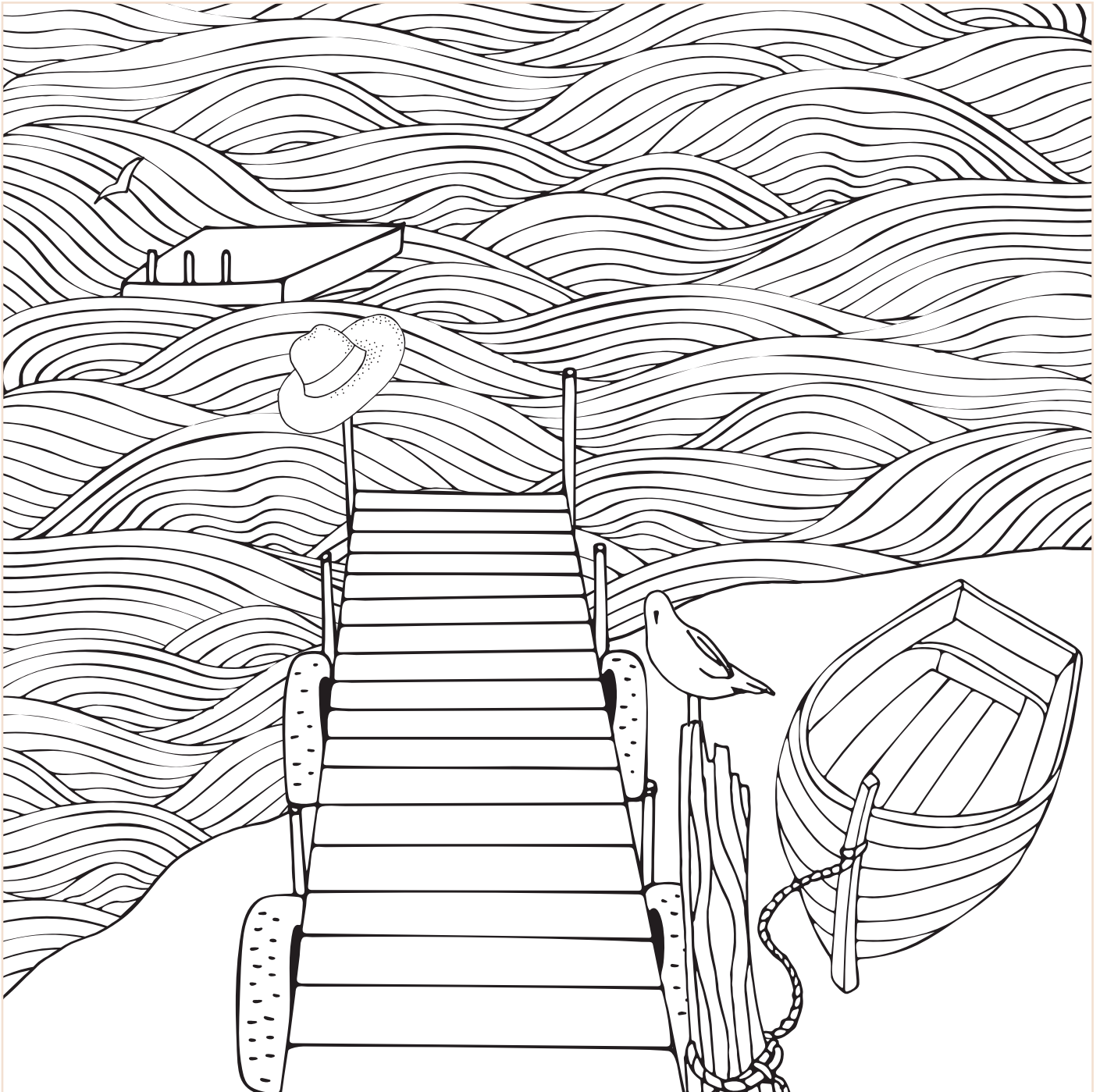


THE SOUTH ISLAND LIFESTYLE MAGAZINE

Style

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“You can’t stop the waves but you can learn how to surf.”

— *Jon Kabat-Zinn*